

## Leg Extension

The Nautilus Impact Leg Extension isolates the quadriceps through a fully supported seated extension, helping users build strength for walking, running, jumping, and squatting. Designed to reduce stress on the knees while maximizing quad engagement, it features an optimized cam and 1:1 weight ratio to deliver smooth resistance through the full range of motion. With Lock N Load® weight selection and ergonomic adjustments, it's ideal for building leg-focused strength circuits.



### FEATURES

<b>Width</b>	38 in (145 cm)
<b>Length</b>	57 in (97 cm)
<b>Height</b>	60 in (152 cm)
<b>Overall Weight</b>	609 lbs (276 kg)
<b>Shipping weight</b>	668 lbs (303 kg)

### ADJUSTMENTS AND MOVEMENTS

<b>User defined range of motion</b>	Fixed path
<b>Assisted adjustments</b>	SKU Dependent, Gravity assisted positioning, adjustable seat with "easy up" ratcheting adjustment
<b>Color coded pivot points and adjustments</b>	Yes on all units
<b>Unilateral or bilateral movement</b>	Yes, unit dependent
<b>Converging or diverging movements</b>	Yes, unit dependent
<b>Pulley ratio</b>	1:1

### FRAME SPECIFICATIONS & CABLE INFORMATION

<b>Standard frame color options</b>	60 Black
<b>Standard upholstery color options</b>	Black
<b>Frame finish</b>	Electrostatic Powder coating
<b>Customizable paint, upholstery, branding options available</b>	Yes with additional fees and extended lead times
<b>Bolt down locations defined</b>	Yes
<b>Integrated leveling system</b>	No, rubber feet for floor protection
<b>Hardware type</b>	Hex / Button Head
<b>Tubbing thickness</b>	11 ga

### USER SPECIFIC INFORMATION

<b>Static placards</b>	Yes, simple and intuitive placard
<b>Multi-language placards options available</b>	Yes
<b>Safety catch &amp; stops</b>	Yes, SKU dependent
<b>Grip specifications</b>	Rubber, large grips for pushing, smaller grips for pulling.
<b>Contoured pads</b>	Yes, contoured back pads on select machines

### WEIGHT STACK SPECIFICATIONS

<b>Total stack weight</b>	260 lbs (130 kg)
<b>Incremental weight system</b>	5 lb incremental weight system for optimal progression
<b>LnL technology</b>	Yes
<b>Add-on resistance available</b>	Yes, 5lb incremental
<b>Weight stack shroud specifications</b>	Inside and outside steel shrouds, clear windows on both sides

### SKUS

9NA-S1312